

# University of Pretoria Yearbook 2016

## Motor learning and development II 221 (EXE 221)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	16.00
<b>Programmes</b>	<a href="#">BSportSci</a> <a href="#">BSportSci</a>
<b>Prerequisites</b>	EXE 120
<b>Contact time</b>	3 lectures per week
<b>Language of tuition</b>	English
<b>Academic organisation</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Semester 2

### Module content

\*Closed – requires departmental selection This module introduces the field-based professional to the processes that underlie human movement learning. Principles of performance assessment, effective instruction, designing practice, rehabilitation and guidelines to optimise training experience, skill acquisition and performance will be included. Opportunities to apply principles and concepts will be incorporated.

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